



PSHE Long Term Map



	AUT 1 Keeping safe		AUT 2 Mental health		SPR 1 Relationships		SPR 2 Health		SUM 1 Online safety		SUM 2 Growing and changing	
Y1	Personal safety (Road safety, PANTs rule)	DEMOCRACY Inappropriate touch – Coram SCARF	Mental health Respect for others	RULE OF LAW Antibullying week	Friendships	INDIVIDUAL LIBERTY Children's Mental Health Week Safer internet day	Keeping healthy and well Physical activity	MUTUAL RESPECT International Women's Day	Online safety	TOLERANCE OF OTHERS My Money week	Growing and changing Economic Wellbeing	Healthy eating week
Y2	Personal safety and first aid (Hazards in the home, medicines, water safe code, rail)		Mental health Respecting self and others		Friendship and families (Families, secrets and surprises)		Keeping healthy and well Physical activity		Online safety (age limits, benefits and risks)		Economic wellbeing and careers	
Y3	Personal safety (Hazards in the home, road and sun safety)		Mental health Respecting self and others		Friendship and families Diversity within families		Keeping healthy and well Physical activity		Online safety (Sharing information, privacy)		Economic wellbeing	
Y4	Personal safety (Water, rail, road, fireworks) Peer pressure		Mental health		Friendship and families Diversity within families		Keeping healthy and well Physical activity Medicines		Online safety (Sharing information, privacy, social media)		Careers	
Y5	Personal safety (Hazards in the home, identifying risks and hazards)		Mental health		Safe relationships, consent, boundaries and trust		Drugs, alcohol, tobacco and vaping (HHKids)		Online safety (Age limits, social media, sharing online)		Careers and aspirations	
Y6	Personal safety (cycle safety) Puberty (HH Kids)		Mental health Respecting others (stereotypes and discrimination)		Safe relationships, consent, boundaries and trust Domestic abuse. Neglect.		Keeping healthy in preparation for SATs		Online safety (AI, managing risks, financial harms, peer influence)		Careers and aspirations First aid	