

**WESTFIELD COMMUNITY SCHOOL**



**Physical  
Education  
Policy**

September 2025

## Physical Education Vision Statement & Policy

### DfE Vision:

All pupils leave primary school physically literate and with the knowledge, skills, and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

### Our Vision:

At Westfield Community Primary School, we strongly believe that all children should have access to a thoroughly planned, progressive physical education programme. This programme places real emphasis on developing a wide range of physical competencies, while encouraging healthy competition and teamwork. Throughout their time at Westfield, our teachers strive to equip all children with the necessary skills, knowledge, and range of physical experiences to motivate them to lead active, healthy lifestyles and continue their participation in physical activity and sport.

### Curriculum

Our physical education curriculum is carefully planned to include a variety of indoor and outdoor lessons throughout the year. The programme ensures progression and variety, designed to meet the needs of all children, regardless of their ability.

	AUT 1	AUT 2	SPR 1	SPR 2	SUM 1	SUM 2
Y1	Fundamental Movement	Gymnastics	Dance	Invasion Game Skills	Athletics	Striking and Fielding Game Skills
Y2	Fundamental Movement	Gymnastics	Dance	Invasion Game Skills	Athletics	Striking and Fielding Game Skills
Y3	Invasion Game Skills	Gymnastics	Dance	Basketball	Athletics	Rounders
Y4	Health Related Fitness	Gymnastics	Dance	Netball	Athletics	Cricket
Y5	Invasion Game Skills	Gymnastics	Dance	Hockey	Athletics	Rounders
Y6	Health Related Fitness	Gymnastics	Dance	Tag Rugby	Athletics	Cricket

In addition to the standard one hour of PE lessons per week, we have introduced an extra 30 minutes of physical activity each week. This additional time consists of 10-minute sessions, three times a week, featuring activities such as the Daily Mile, classroom yoga, or classroom workouts, helping children maintain a healthy and active lifestyle throughout the school week.

Appropriate provision is in place to support a range of learning needs and abilities, ensuring positive outcomes for all children.

### **Aims**

Through PE, children will:

- Participate in a wide range of sports and physical activities.
- Develop and apply teamwork skills.
- Develop resilience, determination, and the drive to achieve their best.
- Compete in a range of competitive events.
- Organise and lead their own activities, events, and games where appropriate.
- Develop and model the skills of 'good sportsmanship,' including respect for rules and the ability to win or lose gracefully.

Through PE, teachers will:

- Model a positive attitude towards sports and physical activity.
- Encourage active participation and engagement in a range of physical activities.
- Seek and embrace opportunities for their own CPD (continuing professional development).
- Plan and lead a range of regular sporting clubs or other physical activities.
- Seek and plan events where children can perform or compete.
- Celebrate children's successes and personal achievements in sports and physical activity.

### **PE Kit**

Pupils are expected to wear their own PE kit on each day they have PE. An indoor PE kit consists of:

- Red t-shirt
- Blue shorts
- Black pumps
- White socks

Year 6 pupils will be provided with an O'Neils PE Kit upon starting Y6. However, they must provide their own training shoes and socks.

When children participate in outdoor PE, they should wear the above clothing or may

choose to wear their school cardigan/jumper or a tracksuit and trainers in the winter months.

### **Jewellery**

Jewellery should not be worn. If ears are pierced, children will need to remove earrings before PE lessons.

### **Staff**

Staff should dress appropriately for PE (trainers or flat pumps) and remove jewellery and lanyards where appropriate. Long hair should also be tied back.

### **Active Break Times and Lunchtime Clubs**

In addition to PE lessons, children are encouraged to be active during break times. Each playground has facilities and equipment to encourage active play, including a trim trail and two MUGAs (Multi-Use Games Areas).

Our lunchtime offer has been enhanced with a range of indoor and outdoor clubs. Indoor activities now focus on daily dance sessions, while outdoor clubs rotate weekly between rugby, netball, tennis, basketball, and hockey. These changes provide greater variety and cater to different interests and abilities.

### **PE Scheme: PE Passport**

We have introduced the PE Passport scheme to further support the progress of our pupils. This scheme helps track each child's development in physical education, allowing for detailed feedback on skill development and performance. It aligns with our goal of ensuring all children build confidence and competence in a variety of sports, fostering lifelong participation in physical activity.

### **Sports Premium Grant**

As part of the Olympic Legacy, the Government pledged to support schools in improving the quality of PE and sports provision through the PE and Sports Premium. Up-to-date information about the Sports Premium Grant, including spending and its impact, can be found on our school website.

### **Competition**

We aim to give all children the opportunity to experience competitive sport by planning and participating in regular school-based events. Examples include:

- Sports Day
- School sports teams
- Inter-school competitions
- Town Sports

In addition to this, we offer weekly sports clubs where children can develop skills in particular sports or physical activities. Through these clubs, additional opportunities for competition or performance may arise. Examples include:

- Upper Key Stage 2 Football Team
- Upper Key Stage 2 Football Club
- Lower Key Stage 2 Football Club
- Dance
- Key Stage 1 Multi-Skills
- Upper Key Stage 2 Netball Team
- Climbing Club
- Basketball
- Gymnastics
- Athletics
- Upper Key Stage 2 Rugby

Updated: September 2025