

PSHE

Curriculum Design

The ambition within PSHE is for children to leave school with the skill and knowledge to become positive members of the community and good citizens. We aim for children to have an understanding of how to keep themselves safe in a range of situations. We teach children about keeping safe online including on social media. We expect children to learn about the different types of relationship that exist and what a healthy relationship is. We teach children about mental health, what it means to be mentally healthy and how to ask for help with their mental health. We want children to leave Westfield with an understanding of how they can get the best out of their future, to have high expectations of themselves and to begin to understand how they can achieve their goals.

Planning and Sequencing

Our PSHE curriculum is planned around the objectives taken from the PSHE association scheme of work in line with statutory guidance. The needs of our children have been taken into consideration, particularly in relation to local data as well as staff and pupil consultation. The curriculum is designed to be a spiral curriculum, revisiting the main objectives in greater depth each year. This has been done to ensure children build a solid knowledge around the areas most needed and are given repeated opportunities to practise their skills on their journey through Westfield. Our PSHE curriculum is split into 6 main areas, one of which is covered each half term and are identified on our long-term curriculum map. Each of the areas is covered in an age-appropriate way for each year group, and in more depth each year.