



Disability Sports Sessions

WLCT Sports Development run a series of regular sports sessions for Children, Young People and Adults with a disability

Activity	Date	Times	Ages	Venue	Cost	Session Suitable For
Multi Sports	Mondays (Term Time Only)	6pm – 7:30pm	8-16	RPISC	£3	All Children and Young People with a Disability
Rebound Therapy	Mondays (Term Time Only)	5pm – 6pm	5-19	AGA	£2	All Children and Young People with a Disability
		6pm – 7pm			£2	
Multi Sports	Mondays	7:30pm – 8:30pm	16+	RPISC	£1.50	Adults with a Disability
Multi Skills – Boccia and Goalball	Tuesdays (Term Time Only)	5pm – 6pm	5+	LISC	£2	All Individuals with a Disability
Rebound Plus	Tuesdays (Term Time Only)	5:30pm – 6:30pm	5-19	Lowton HS	£2	Children/Young People who have been identified through Rebound Therapy
Rebound Therapy	Tuesdays	6:30pm – 7:30pm	16+	Lowton HS	£1.50	Adults with a Disability
Creative Sport	Wednesdays	10am – 11am	16+	RPISC	£1.50	Adults with a Disability
Wheels for All	Wednesdays (Term Time Only)	5:pm – 6pm	5-19	RPA	£2	All Children and Young People with a Disability
Rebound Therapy	Wednesdays (Term Time Only)	5:15pm – 6:15pm	5-19	LISC	£2	All Children and Young People with a Disability
Dance and Cheerleading	Wednesdays (Term Time Only)	6pm – 7pm	5-19	RPA	£2	All Children and Young People with a Disability
Rebound Therapy	Thursdays (Term Time Only)	4:30pm – 5:30pm	5-19	Lowton HS	£2	All Children and Young People with a Disability
		5:30pm – 6:30pm		LISC	£2	
Athletics	Thursdays (Term Time Only)	5:30pm – 7pm	8-19	RPA	£3	All Children and Young People with a Disability

RPISC – Robin Park Indoor Sports Centre
RPA – Robin Park Arena

AGA – Abraham Guest Academy
LISC – Leigh Indoor Sports Centre

Booking is required so please contact WLCT Sports Development on 01942 404982 or sdu@wlct.org