

## Pre-School Drop In Sessions Educational Psychology Service



Drop-In sessions with an Educational Psychologist are now available for parents and carers of children at Wigan Start Well Centres.

### What is an Educational Psychologist drop-in consultation?

The consultation will last approximately 45 minutes, they are:

- A way of listening to concerns and working through ideas together.
- A way of exploring what's going well and building on this.
- A way of developing an achievable plan to work towards your goals.

### Would you like support, information or advice about:

- Playing with your child e.g., developing sharing and turn-taking
- Supporting your child with big emotions
- Developing communication skills
- Looking after your own well-being

### What else do I need to know?

The consultation will take place in a confidential space at the Start Well Centre. If it is possible to make alternative childcare arrangements while you attend the appointment this may help you talk more freely about your child.

**Sessions will take place on 14.9.2022, 19.10.2022, 16.11.2022 and 14.12.2022**

To book an appointment, please speak with staff at the Start Well Centre, contact details below:

<b>Atherton Start Well Centre</b> Meadowbank Primary School Formby Avenue Atherton M46 0HX	<b>Platt Bridge Start Well Centre</b> Platt Bridge Primary School Rivington Avenue Platt Bridge Wigan WN2 5NG	<b>Westfield Start Well Centre</b> The Meadows 110 Ridyard Street Wigan WN5 9RQ
TEL: 01942 879012	TEL: 01942 487999 Option 2	TEL: 01942 776007 Option 2
Afternoon sessions	Morning Sessions	Morning Sessions