



Westfield *Community* School



"...a beacon of hope..." Ofsted 2007
"...outstanding school..." Ofsted 2010
"...outstanding school..." Ofsted 2013

Montrose Ave,
Wigan,
WN5 9XN
Tel. 01942 776007

Head Teacher Mrs S Baker BA Hons (QTS) N.P.Q.H. CEA

15th September 2025

Dear Parent/Carer,

Re: Invitation to Parent/Carer Session Regarding Year 6 Puberty Programme

We will shortly be commencing some work in Year 6 as part of our statutory obligation to deliver Relationships Education and Health Education progressively throughout the school.

Your child will take part in a series of three puberty lessons delivered by experienced staff from an outside agency, HH Kids. The staff who deliver the lessons have worked within the field for many years and are highly skilled in their delivery. If you wish to find out more information about this agency, please view their website at www.hhkids.co.uk

School will review the lesson content and resources to ensure they are age appropriate and meet the needs of our pupils.

Lesson content will include:

1.10.25 – Joint session Physical and emotional changes during puberty and how the male and female reproductive systems work

8.10.25 – Girls only The menstrual cycle, menstrual products and breast development

8.10.25 – Boys only Male reproductive system, male body functions and personal hygiene

15.10.25 – Joint session General health including personal hygiene, spots, sleep and using technology in a balanced way



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Delivering this content ensures we are fulfilling the legal requirements set out in the Department for Education statutory guidance 2020, which outlines our duty to deliver key facts about puberty and the changing adolescent body.

To ensure that you are familiar with the content of the programme, we would like to invite you to attend a parent/carer session prior to delivery. This will give you the opportunity to meet the member of HH Kids staff delivering the sessions to Year 6 and to view the resources they will use. We see this as an important part of the programme to enable you to be prepared for questions your child may ask, or to discuss the issues raised during and after the sessions. Evidence shows that children and young people greatly value being able to talk to their parents/carers about these issues.

The session will be held on Wednesday 24th September at 2pm-3pm. Please complete and return the reply slip by Monday 22nd September if you would like to attend.

If you would like to discuss any aspects of the programme, please do not hesitate to contact me.

Yours faithfully,

Mrs S. Baker
Headteacher

Please complete and return to school no later than Monday 22nd September

Puberty Programme – Parent/Carer Awareness Session

I would like to attend the parent/carer awareness session to be held on Wednesday 24th September 2025 at 2pm-3pm:

Name of child _____

Signed _____ (parent/car



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