

*Delivered via School information sharing processes.*

Email: [wwl-tr.wwlschoolnursingncmp@nhs.net](mailto:wwl-tr.wwlschoolnursingncmp@nhs.net)

Web: <https://www.wwl.nhs.uk/school-nursing>

Date: 10/03/2026

Dear Parent/Carer,

## **Height and weight checks for children in reception and year 6.**

Every year in England, school children in reception and year 6 have their height and weight checked at school. This is called the National Child Measurement Programme (NCMP). The checks are carried out by School Nursing - Health Care Assistants (HCA's). Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils, as the wellbeing of children and families is very important to the programme. Measurements are conducted in a sensitive way and individual measurements are not shared with your child or their school and children will not be made to take part on the day if they do not want to.

## **What does this mean?**

Your child's school will be taking part in the NCMP programme on: **10<sup>th</sup> March 2026.**

## **Why do we need to measure children?**

Children's height and weight measurements are collected to build an understanding of how children are growing. The information from the NCMP is used by local councils and the NHS to plan the provision of health and leisure services for families to promote healthier growth in children.

It also provides an opportunity for the school nursing service and the local authority to offer support to parents, where required. More information to support you and your child with healthy lifestyle choices can be found on our local offer pages on our Essential Parenting App, please scan the QR code to register for your account:



### **What information is collected and why?**

Your child's height, weight, age, sex, and date of birth are collected to calculate their weight category (also known as child body mass index).

Your child's ethnicity and address are collected to monitor differences in child growth and weight between ethnic groups, where children live and their backgrounds.

Your child's name, date of birth and NHS number are collected to link their measurements from reception and year 6 to other information from health and education records held by NHS England, the Department of Health and Social Care and the Department for Education, where it is legal to do so.

### **Information about how personal information and data is collected and stored.**

You can read more about how the Department of Health and Social Care collects, stores and uses your child's information and data in the National Child Measurement Programme privacy notice.

You can read more about how NHS England collects, stores and uses your child's information and data at National Child Measurement Programme (NCMP): GDPR information.

At the NHS England National Child Measurement Programme webpage, you can read more about:

- taking part in the programme
- how your data is collected
- how your data is used

You can read more about how Wigan Council & Wrightington Wigan & Leigh Foundation Trust collect, use and store information at: [www.wigan.gov.uk/Council/DataProtection-FOI-Stats/Privacy-notice](http://www.wigan.gov.uk/Council/DataProtection-FOI-Stats/Privacy-notice) and [www.wwl.nhs.uk/privacy](http://www.wwl.nhs.uk/privacy)

### **How you can withdraw your child from participating in the NCMP.**

If you are happy for your child to be measured, you do not need to do anything.

If you **do not want** your child to be measured, or your child has a medical condition that affects their height or weight, please email us on receipt of this letter to: [wwl-tr.wwlschoolnursingncmp@nhs.net](mailto:wwl-tr.wwlschoolnursingncmp@nhs.net)

Please include the following information in your email:

- **Subject title:** NCMP WITHDRAWAL
- **In the email:** Please include your child's legal name, date of birth, school attended, including the school area e.g., Golborne, Standish.
- **Reason for withdrawal:** I do not want my child measured / my child has a medical condition.

- Your full name, relationship to the child and contact telephone number and state if would like a telephone call from a school nurse.
- **What happens next?**

On receipt of your email withdrawal request, you will receive an automated email response to acknowledge we have received your email. If you do not receive the automated email response, this means we have not received your email withdrawal. Please check you have sent the withdrawal email to the correct email address and resend. If you have any issues emailing our service, please telephone our Health Care Assistants on **0300 707 1415**, who will be happy to help, please note we cannot accept a verbal withdrawal over the telephone.

There is no reason to keep your child off school if consent is withdrawn, your child will not be included in the NCMP programme.

### **What you need to know.**

If your child is absent, we will return to your child's school to offer another opportunity to take part in the NCMP programme or if for any reason the planned session is cancelled, we will let you know via school of the new date.

### **Measurement results:**

We will notify you, in writing, if your child's measurements are below or above the expected range for their age, sex, weight and height. We will also try to telephone you to discuss the measurements before we send the letter to you.

If your child's measurements are in the expected range for their age, sex, weight and height you will not receive a letter, but you can contact the duty school nurse service on **0300 707 1091** to request the measurements or to discuss any other health related queries for your child.

Yours Faithfully.



Katy Warriner.

Operational and Performance Manager 0-19 Universal Services.

### **Further Information:**

Information about how NHS Digital and Office for Health Improvement and Disparities collect and use information can be found at <https://digital.nhs.uk/about-nhs-digital/our-work/keeping-patient-data-safe/how-we-look-after-your-health-and-care-information> and <https://www.gov.uk/government/organisations/department-of-health-and-social-care/about/personal-information-charter>

Information about the organisations NHS Digital has shared information from the National Child Measurement Programme can be found at <https://digital.nhs.uk/services/national-child-measurement-programme>