



Westfield
Community
School

Issue 1
11th September

Newsletter

The nominees for Pupil of the Week are:

- Y1W Whole class
- Y1F Whole class
- Y2W Whole class
- Y2F Whole class
- Y3W Rosie
- Y3F Toby
- Y4W Rosie
- Y4F Mason
- Y5W Jessica
- Y5F Harvey
- Y6W Fleur
- Y6F Lilly Rose



Attendance Matters



RW, RF & 5F will be wearing their own clothes as reward for highest attendance!

and our winners this week are:



& Y1 and Y2

RW	99%
RF	99%
1W	98%
1F	91%
2W	98%
2F	96%
3W	97%
3F	97%
4W	97%
4F	93%
5W	93%
5F	99%
6W	92%
6F	97%



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All of 1F

For a fabulous start to year 1 showing themselves to be ready to learn and enjoying their new environment!

All of 1W

For a superb week in year 1. You have all settled in really well and have impressed us so much. Well done!!

All of 2F

For settling into a new year group with new routines seamlessly! It has been a fantastic start to the year!

All of 2W

For starting the year in a great way! You have all arrived each day with smiling faces and tried hard to learn the expectations for Year 2!

Toby 3F

For working hard in all lessons this week, contributing ideas in class discussions and has been a model Year 3 pupil

Rosie 3W

For coming back to school full of enthusiasm, ready to learn and already displaying the qualities of a Year 3 role model



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Mason 4F

For being an absolute dream of a year 4 child. He listens, he follows instructions, he tries his best, he has a good skill at remembering things, he is SUPER polite

Denley 4W

For making a fantastic start to year 4 with an amazing attitude to his work and helping in the classroom

Harvey 5F

For showing maturity and growth. He has impressed me with his nuggets of knowledge about space

Jessica 5W

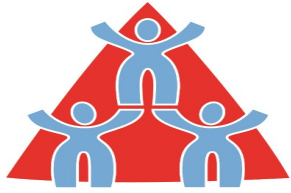
For showing already that she is THE perfect year 5 role model. Jessica is always ready to learn and has a calming influence on those around her

Lilly Rose 6F

For showing so early on that she possesses a determination to succeed

Fleur 6W

For standing out in her first week in Y6. A true role model, who has shown real maturity and a fabulous attitude already!



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Y6 returned from their residential trip at Winmarleigh Hall on Wednesday, after 2 nights away! The children were fantastic and took part in lots of adventurous activities such as climbing, raft building, vertical challenge and the Giant Swing!

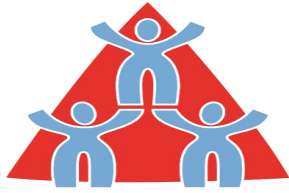
Both children and staff had a wonderful time!



Please help to keep our site clean and tidy and use the bins provided for litter.

Thank you





Westfield *Community* School **Newsletter**

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What a great start to the year we've had in **POD 1**, getting to know our new friends and taking part in the activities on offer.



Polite Notice — Parking

Can we please remind you that it is illegal to park on the pavement or grassed areas or to block either the entrance or exit to the school as per the attached photos. Doing this is putting our parents and children's lives at danger. If this continues we shall unfortunately have no option but to report vehicles to the appropriate authorities.





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As part of the Family Hub offer, the Mental Health Support Team in Schools are offering a series of parent/carer workshops to provide psychoeducation and support around anxiety and low mood during the October half term across each of our Family Hubs. Please share across your teams and promote to all families you are working with. Please see below Eventbrite links to book, **booking is essential.**

The workshops will outline what anxiety or low mood is, the symptoms, and how this impacts children and young people. We will provide support strategies to help manage the physical and emotional feelings of anxiety and low mood.

Workshops are 60 minutes long and will be delivered by the Mental Health Support Team in Schools as part of the Wigan Borough Family Hub offer. If your child is struggling with anxiety or low mood or preparing for transition, this will be a useful, informative workshop for you! We look forward to meeting you. Dates of each session and Family Hub are detailed below, all sessions must be booked via this link -

[Wigan Mental Health Support Team in Schools Events - 1 Upcoming Activities and Tickets | Eventbrite](#)

Westleigh Start Well Family Centre	
Tuesday 28th October	
Time	Workshop
10:00-11:00	Anxiety
13:00-14:00	Low Mood
15:30-16:30	Anxiety

Family Hub at the Meadows	
Tuesday 28th October 2025	
Time	Workshop
10:00-11:00	Anxiety
13:00-14:00	Low Mood
15:30-16:30	Anxiety
Wednesday 29th October 2025	
Time	Workshop
10:00-11:00	Anxiety
Family Hub at Formby Avenue	
Wednesday 29th October 2025	
Time	Workshop
10:00-11:00	Anxiety
13:00-14:00	Low Mood
15:30-16:30	Anxiety



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Family Hub Clifton Street Wigan	
Wednesday 29 th October 2025	
Time	Workshop
13:00-14:00	Low Mood
15:00-16:00	Anxiety
Family Hub at Mornington Road	
Thursday 30 th October 2025	
Time	Workshop
10:00-11:00	Anxiety
13:00-14:00	Low Mood
15:30-16:30	Anxiety

WORKSHOP FOR LOW MOOD

delivered by the Mental Health Support Team

WHAT IS LOW MOOD? WHAT CAN HELP? WHY ME?

Looking at low mood signs, symptoms and statistics

How low mood is maintained

The Vicious Cycle

- feel low**
Feel low, down and sad
Feel tired and exhausted
Feel bad or guilty
Feel unmotivated
Feel hopeless or like nothing will get better
- do less**
Slow down physically and mentally
Do less things that you'd normally do
Avoid seeing/interacting with friends/family
Find it difficult to find motivation to do things

get less out of life
Stop getting enjoyment from life, and losing out on sense of achievement and feel isolated from others.

Managing low mood: Tools and techniques

When to go if you need support

PSYCHOEDUCATION FOR ANXIETY

delivered by the Mental Health Support Team

WHY DO WE WORRY?

WHAT IS ANXIETY

WHY ME?

Remember! These feelings are normal and are caused by our body's natural reactions!

FIGHT FREEZE FLIGHT

What do you find particularly useful during the workshop?

ID	Name	Response
1	emma	see
2	emma	helpful
3	emma	helpful for explaining why things happen
4	emma	helpful to explain what things happen

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Wigan Council

**MAKE EVERY JOURNEY SAFE:
Children in vehicles**

Your child's safety starts with the right fit. **Not every child seat fits every car – or every child.** It's essential to choose a seat that's right for your vehicle and suitable for your child's height and/or weight and age. Always check both before you buy or install.

Always make sure their car seat is properly secured in your vehicle—and that your child is correctly strapped in. Every car and car seat is different, so always follow the manufacturer's instructions for both. This leaflet is here to give you clear, practical tips to help keep your little one safe on every trip.



DID YOU KNOW?

- ✓ Nearly **2 out of 3 child car seats** are fitted incorrectly.*
- ✓ Over **4,250 babies and children** are killed or injured in vehicles every year.**
- ✓ At just **5mph**, an unrestrained child can suffer **fatal injuries**.
- ✓ **Rear-facing seats** can make children **up to 95% safer** in a crash.***
- ✓ **Not every car seat fits every car**—or every seat position.
- ✓ Some **legal car seats haven't been crash tested** to the highest safety standards.

* Based on Good Egg Safety CIC Community Checks. ** Based on DfT Stats 19 year average up to 2022. *** Nordic Traffic Medicine Association.

www.goodeggscarsafety.com

After a Crash, Always Replace – If you're involved in a collision, it's strongly recommended to **replace all child car seats**—even if they weren't in use at the time. The impact can cause hidden damage that affects their safety. Always check with the seat's manufacturer for their specific guidance.

This is also why you should **never buy a second-hand car seat**—you can't be sure of its history or seat integrity.

Don't leave loose items in the car—during a collision, they become dangerous missiles. Even a small object like a mobile phone can strike with the force of a brick, causing serious injury.

Two Ways to Fit a Car Seat – There are two main ways to install a car seat: **using the vehicle's seatbelt** or **using ISOFIX anchor points**. **Both methods are equally safe**—if installed correctly.

However, **ISOFIX** often reduces the risk of incorrect fitting. Many ISOFIX seats come with **green indicators** to show when the seat is properly secured, giving added peace of mind.

INFANT CARRIER ADVICE

- ✓ **Check the Carry Handle Position** – On many infant carriers, the carry handle doubles as a **roll bar in a crash**, offering vital protection. **Always position it correctly**, as per your car seat manual, **before every journey**.
- ✓ **Limit Car Seat Time for Newborns** – Newborn babies shouldn't be in a car seat for more than **30 minutes at a time**. Staying in a seated position too long can **restrict their airway** and affect their breathing.
- ✓ **The Right Recline Matters** – Infant car seats are designed with a **slight incline** to help keep your baby's **airway open**. This angle prevents their **chin from falling onto their chest**, which can restrict breathing. Always follow the manufacturer's guidance to make sure the seat is **installed at the correct angle**.

LEGAL VS SAFE

Rear-Facing for Longer is Safer – While it's legal to turn your child forward-facing earlier, the safest choice is to keep them rear-facing until they're at least 4 years old.

That's because a child's neck and spine aren't fully developed until around age 4–6. In a crash, their body isn't strong enough to withstand the forward forces—putting them at risk of serious injury or even death.

Rear-facing seats provide crucial support and protection when it matters most.


If rear facing, the straps should come out of the back of the child seat level or slightly below the child's shoulders. If forward facing, the straps should be level or slightly above the child's shoulders.

Ensure no straps are twisted to evenly distribute the force across the body in a collision.

Straps should go across the pelvic bone when using a 5 point harness.

Harness straps should sit close to your child's neck—not slipping off the shoulders. You should only be able to fit **two fingers** snugly between the strap and your child's collar bone.

Don't put thick/padded clothing on your child when travelling. In the force of a collision, the fabric will compress, and your child can be ejected from the car seat.



Is Your Child Ready to Travel Without a Car Seat? By law, children must use a car seat until they're 135cm tall or 12 years old—which ever comes first. However, due to different torso heights, it's best to wait until your child also passes the **five-step safety check** shown in this diagram.


The seatbelt should pass over their shoulder/collar bone and not their neck.

The child can sit with their bottom at the back of the seat, with their knees bent over the edge of the seat and their feet flat on the floor.

The seatbelt should pass over their hip bones and not their stomach.

If the seatbelt sits across soft areas like the neck or stomach instead of strong bones like the collarbone and pelvis, it can cause serious internal injuries in a crash. Always check the belt fits low and snug over the hips.

High-back booster seats offer better protection than basic booster cushions. They support your child's head, neck, and sides—especially in dangerous yet common side-impact crashes. **Check your car's headrests.** They shouldn't push the child seat forward or block a safe, snug fit. **Never** remove the vehicle headrest.

Always refer to your **car and car seat manufacturers manuals** for the most accurate safety guidance tailored to your vehicle and seat. For more information visit: www.wigan.gov.uk/childcarsafety

Wigan Council www.goodeggscarsafety.com

Thanks go to: Good Egg Safety CIC (www.goodeggscarsafety.com), Riot Act (www.riotact.co.uk) Referenced: DfT Casualty Statistics, Nordic Traffic Medicine Association, RAC Foundation, dreamstime ID 120229547.



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Connect, play and learn

Activities and classes for families with babies and toddlers.

- Everyone is welcome
- Completely free
- No need to book
- Activities running all day

Fridays in term time only
09:30 – 14:30

Wigan Youth Zone
Parson's Walk, Wigan WN1 1RU

Any questions please contact us:
email: hello@babyzone.org.uk
facebook: /babyzoneUK
instagram: @babyzoneUK

Working with local partnerships to support families in the Wigan and Leigh community.



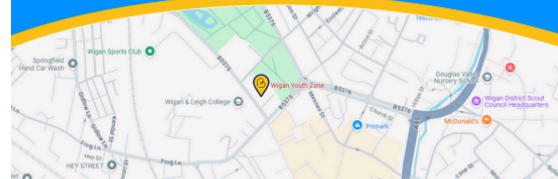
Join our WhatsApp community to:

- Stay up to date with what's on each week
- Get useful tips and resources for your family
- Hear the latest news from Babyzone Wigan



SCAN ME!

OR CLICK HERE



NORLEY HALL CRICKET CLUB
N.H.C.C.
EST. 1882

CALLING JUNIOR CRICKETERS

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N.H.C.C.
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Have Fun in a Safe Environment • Come & Join our Great Club
At the heart of the Community

If Interested please email
raymondcornish@hotmail.com
or call 07932 783324

Boys & Girls Welcome
Qualified Coaches
Every Friday from
April 11th
from 6pm
131 City Rd
WN5 0BA