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The nominees for pupil of the week are:

1F	Theo
1W	Reem
2F	Anna
2W	Amelia
3F	Gabriel
3W	Ella
4F	Amy
4W	Taylan
5F	Myar
5W	Abel
6F	Joseph
6W	Neve
POD 1	Robbie
POD 2	Nevaeh
POD 3	Charlotte

RW	**92%**
RF	**91%**
1W	**91%**
1F	**93%**
2W	**97%**
2F	**96%**
3W	**97%**
3F	**98%**
4W	**98%**
4F	**96%**
5W	**84%**
5F	**91%**
6W	**96%**
6F	**93%**

3F and 4W will be wearing their own clothes next Friday for achieving the highest attendance

We have a selection of items available from the **Royal British Legion** to purchase from the school office before and after school hours.
Price list available at the office.

Please bring correct money if possible.

ROYAL BRITISH LEGION

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Theo 1F
For being an absolute delight to teach! Theo loves to learn, always takes on a challenge and is an incredible mathematician! You are a credit to Year 1F!

Reem 1W
For consistently making the right choices and setting a wonderful example for her peers. She is a quiet superstar who leads by example and she is an absolute pleasure to have in class

Anna 2F
For producing an excellent city scape piece of artwork in the style of Theodore Major. You concentrated and paid careful attention to the details

Amelia 2W
For always coming with in a huge smile on her face and in return putting an even bigger one on ours! You are a delight to have in class and a true Y2 role model

Gabriel 3F
For impressing us with his mature attitude, fabulous work ethic and with the kindness he shows to everyone. Gabriel is an absolute superstar and always strives to do his best in everything he does. Keep up the fantastic work Gabriel!

Ella 3W
For working hard in all of her lessons and displaying a more mature attitude in class

Robbie POD 1
For improving participation in adult led activities, particularly the creative activities, you produced a great picture about yourself using the dabbers on foil this week!

Nevaeh POD 2
For trying really hard in her SALT interventions and doing everything she does with a huge smile that brightens everyone's day

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Amy 4F
For being an outstanding role model to everyone around you. Your positive attitude, excellent behaviour, and determination to always do your very best makes you a shining example for others to follow

Taylan 4W
For a fantastic first week at Westfield. Taylan has settled in perfectly, made lots of new friends and shown himself to be a wonderful addition to the class.

Myar 5F
For leading a class discussion, as well as being a respectful listener. Myar takes pride in the presentation of her work, making sure everything she produces is of high quality. Amazing Myar!

Abel 5W
For always being a role model to others both inside and outside of the classroom. He sets high expectations of his work; always trying to challenge himself further and shows excellent behaviour on the playground. He is a pleasure to teach!

Joseph 6F
For creating an intricate, creative piece of artwork this week, inspired by William Morris. His attention to detail was incredible

Neve 6W
For the care and precision she put into her William Morris art design, doing so in a beautifully peaceful manner

Charlotte POD 3
For being a lovely friend in POD!

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Two **Y6** pupils attended the Healthy Schools Event on Thursday where they received a certificate for all the hard work we have been doing in school around health and well being.



POD 1 started the week making scones for snack in food therapy, some of us thought they were delicious! In our Maths activity we were making faces using shapes and talking about happy and sad faces. One of our creative activities was painting pictures about ourselves, on foil, using paint dabbers.

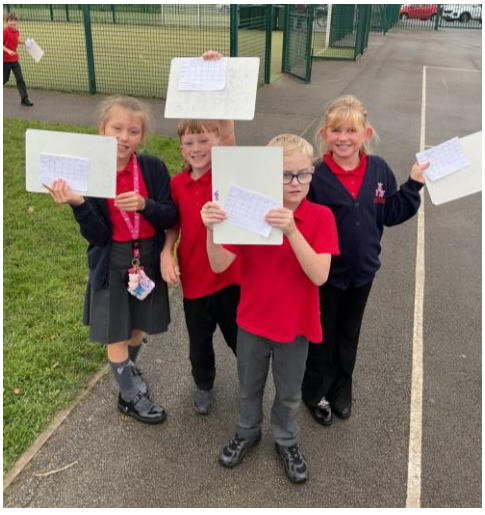
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Year 5

Earlier this week, **Year 5** completed some fieldwork in their Geography lesson by investigating the school grounds to answer our key question: 'How littered is our school environment?' Following our findings, we decided to create posters, which could be shared around school as a reminder to keep our school free from litter.









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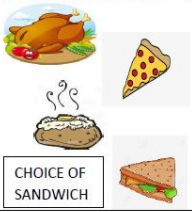
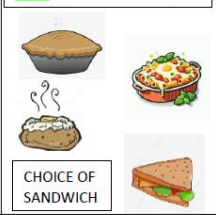
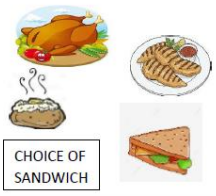
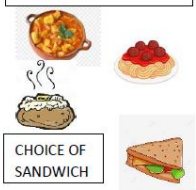
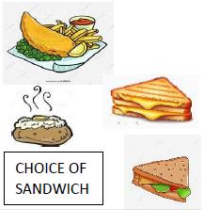
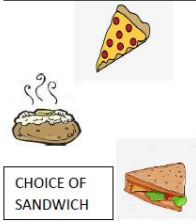
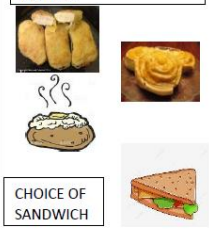
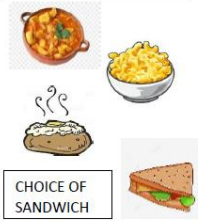
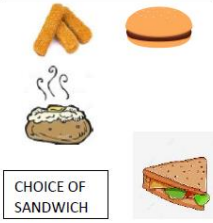
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If possible, could you please pre-order your child's lunch in advance via the Arbor Parent App.
Please select the Packed Lunch from home option if that is their preferred choice.
It is possible to pre-order for the coming week or more.

Thank you

Our current school lunch menu is displayed below. This is also available on the school website or alternatively, you can collect a copy from the school office.

WESTFIELD LUNCH MENU SEPTEMBER 2026

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	BBQ CHICKEN CALZONE PIZZA / CHEESE AND TOMATO CALZONE PIZZA  CHOICE OF SANDWICH	MINCED BEEF PIE / TOMATO AND HERB PASTA BAKE OR JACKET POTATO  CHOICE OF SANDWICH	CHICKEN WITH VEGETABLES / QUORN WITH VEGETABLES OR JACKET POTATO  CHOICE OF SANDWICH	MEATBALLS IN TOMATO SAUCE / SWEET POTATO AND CHICKPEA CURRY OR JACKET POTATO  CHOICE OF SANDWICH	BATTERED FISH / CHEESE PANINI OR JACKET POTATO  CHOICE OF SANDWICH
2	MEAT FEAST PIZZA / MARGHERITA PIZZA OR JACKET POTATO  CHOICE OF SANDWICH	CHICKEN GOUJONS / CHEESE WHIRL OR JACKET POTATO  CHOICE OF SANDWICH	BAKED SAUSAGES / QUORN SAUSAGE OR JACKET POTATO  CHOICE OF SANDWICH	CHICKEN CURRY / MAC AND CHEESE OR JACKET POTATO  CHOICE OF SANDWICH	FISH FINGERS / QUORN MC SAUSAGE BURGER OR JACKET POTATO  CHOICE OF SANDWICH

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Online Safety Newsletter October 2026

CapCut

CapCut is a video editing app. Their services are intended for those over the age of 13 (those under the age of 18 must have consent from their parent/legal guardian). It is rated as 13+ on the App store.

What can I do on CapCut?
CapCut is used as a video and image editing tool allowing users to edit their videos/ images as well as add music, sound effects, text and stickers.

What should I be aware of?
- The templates are user generated, therefore they may not always be appropriate for your child to view, for example may contain adult themes.
- CapCut includes access to a library of music that may include explicit lyrics.
- Premium content – CapCut does include in-app purchases/monthly subscriptions to allow users access to premium content.

Further information
Wayne Denner provides further information about the social side of CapCut including a comments section: https://www.waynedenner.com/capcut-parents-guide/

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: https://www.knowsleyclcs.org.uk/october-2026/

AI companions



What are AI companions?
AI companions are artificial intelligence services designed to interact with users to simulate friendship or romantic relationships. There are many different AI companions available, accessible via apps or websites. Many of these apps are intended for adults and have an age rating of 18+.

Why are children using AI companions?
There are many reasons a child might want to use an AI companion, including:
- To ask advice and questions that they may be embarrassed to ask another person. It may be easier to talk to an AI companion, so it is imperative children understand the difference between AI and real people.
- They feel lonely and are looking for friendship.
- Children may just be curious and want to try new technology.

What should I be aware of?
- **Age restrictions:** it is important to check the age rating to see if it is appropriate for your child.
- **Inappropriate content:** there is often a lack of moderation so users could be exposed to content/language that is not suitable for their age.
- **Emotional dependence:** AI companions are designed to act as a friend, encouraging an emotional dependence. This may lead to your child becoming over reliant on the service. A chatbot should never replace a parent, a medical professional or other trusted adult.
- **Relationships:** repeated use of AI may influence a child's understanding of relationships and consent in real life.
- **Privacy and personal information:** children should not share personal or confidential information with AI companions.

What can I do?
- Check the age rating and any privacy settings.
- Set up appropriate parental controls on their devices/ broadband.
- It is crucial to have regular conversations with your child about the risks outlined above and about what they are doing online. Ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

Further information
https://www.internetmatters.org/resources/ai-chatbots-and-virtual-friends-how-parents-can-keep-children-safe/

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Discord



Discord is a social networking app originally designed for gamers, but is now used by lots of different people to chat to each other online. The minimum age to access Discord is 13. The App store rates it as 17+.

Discord is made up of servers, which are spaces for groups to chat, upload files and share images etc. Anybody can set up a server, and it can be set as either public or private. Users can video call and send direct messages to other individuals or groups. Children who play online games such as Fortnite may use Discord to chat whilst playing the game (rather than using the game's own chat facility). In-app purchases are available through Discord's subscription service called Nitro.

How can I make it safer?

Discord have created a Family Centre, which provides further information about what Discord is, as well as information about different safety settings available:
https://discord.com/safety-family-center

As always, we would encourage you to chat to your child to see why they use Discord and ensure that they know how to block users and what to do if they see any inappropriate content. It is important to be aware that Discord does include video/voice calling which cannot be filtered. Discord is used by an array of users and therefore adult content can be found on Discord, as well as inappropriate language. Discord have produced this article, which answers frequent questions:
https://discord.com/safety-library

5 fun online activities



Whilst we must be aware of the negative aspects of the internet, it's also important to remember that it can also be a great place to have fun or learn something new as a family. Why not try the following?

1. Play a game together.
2. Take a family quiz – it could be around the topic of online safety (e.g. from Childnet) or you could use Kahoot to create your own.
3. Learn something new – explore BBC Bitesize, National Geographic Kids or Khan Academy.
4. Create something – make a digital drawing or video.
5. Read an Audio book.

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.10.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

Doki Doki Literature Club

Doki Doki Literature Club is a game that, due to its cartoon anime appearance, may appear to be a game suitable for all. However, as the game progresses, it contains much darker and potentially distressing themes. The game includes references to suicide, self-harm and death.

The App store rates it as 18+ as it has cartoon or fantasy violence and horror/fear themes as well as infrequent profanity and crude humour. The game is described as psychological horror. You should also be aware that the app also includes in app purchases.

The game's own website also states that it "is not suitable for children or those who are easily disturbed."

Please ensure you have set up appropriate parental controls on any devices and platforms that your child uses to ensure they can't access games that are not suitable for their age.

Happy Tree Friends

Happy Tree Friends is another animated series that might look harmless because of its cartoon graphics, but the programme contains violence, death and blood. Clips of Happy Tree Friends are also circulating on social media platforms.

As above, we would recommend that you have set up appropriate parental controls to limit exposure to content like this. Also, chat to your child about what they are watching online and ensure they know that if they do see something online that upsets them, then they should talk to you or another trusted adult.

Further information:
https://www.commonsensemedia.org/website-reviews/happy-tree-friends

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