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School closes for half term on Friday 23rd October and reopens on Monday 2ndNovember

The nominees for pupil of the week are:

1F	Jacob
1W	Agnes
2F	Laura
2W	Teddy
3F	Jamal
3W	McKelty-Lea
4F	Whole class
4W	Whole class
5F	Courtney
5W	Nylah
6F	Ragen
6W	Mia
POD 1	Bobby-Ray
POD 2	Leon
POD 3	Whole pod

and our winners are….





RW	**92%**
RF	**89%**
1W	**87%**
1F	**95%**
2W	**98%**
2F	**91%**
3W	**98%**
3F	**97%**
4W	**98%**
4F	**90%**
5W	**91%**
5F	**90%**
6W	**91%**
6F	**98%**

2W, 3W, 4W and 6F will be wearing their own clothes on the first Friday back for achieving the highest attendance

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Jacob 1F
For all of his hard work and perseverance when practicing forming the letters in his name. Well done Jacob!

Agnes 1W
For always trying hard to do her best in everything that she does. She is always a kind friend to others and is a polite and thoughtful member of the class.

Laura 2F
For always doing the right thing all of the time! You are a perfect role model and a delight to teach

Teddy 2W
For being a wonderful member of our class. You are a pleasure to teach and a model pupil

Jamal 3F
For always being ready to learn and for having his hand up to contribute lots of ideas. Jamal comes to school with a fantastic attitude to learning and always strives to do his best. Keep it up Jamal!

McKelty 3W
For impressing her teachers by working hard and trying her best in all of her lessons

Bobby-Ray POD 1
For a great half-term in POD1, you are more focused in adult led activities and impressed Dr Helen in Yoga this week

Leon POD 2
For recognising his feelings and getting tools to help him regulate by himself!

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All of 4F

For delivering an absolutely amazing assembly. You impressed everyone with your beautiful singing, which filled the hall with confidence and enthusiasm. Your clear, expressive speaking helped bring the assembly to life and showed excellent preparation and teamwork

All of 4W

For a fantastic Harvest Assembly Year 4 sang beautifully and spoke with pride and confidence, well done

Courtney 5F

For working hard on her hot task, a non chronological report. Taking great care with presentation and producing a thoughtful piece of writing. Courtney carefully considered her ideas, organised them well, and showed pride in her work from start to finish. Well done!

Nylah 5W

For a positive attitude towards her learning this week in both writing and maths. Keep up the hard work when we come back after half term!

Ragen 6F

For fantastic enthusiasm this week with everything that he has done. He has had a great attitude and faced challenges with a smile. Keep it up Ragen!

Mia 6W

For creating a stunning repeated block print in the style of William Morris

All of POD 3

For a calm and settled week. You have all worked hard and shown maturity when working alongside others. I am so proud of every one of you - Keep it up!

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Year 6







Year 6 have enjoyed their PE lessons, creating and running an exercise circuit with friends. They have all been working hard to improve their fitness.









Our **Y6** parents enjoying our art drop in event

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Our topic in **POD1**, is Autumn, so this week we have been exploring pumpkins with our senses and using them in our maths activities to learn about size and weight.










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We have a selection of items available from the **Royal British Legion** to purchase from the school office before and after school hours.
Price list available at the office.

Please bring correct money if possible.

ROYAL BRITISH LEGION

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Family Hub at The Meadows
Children, Young People and Family Activities
October Half Term Monday 26th to Friday 30th October 2026

Wigan Borough family hubs

Monday	Tuesday	Wednesday	Thursday	Friday
Spooky Signs & Nursery Rhymes 🎃 **The Meadows** 9.30am - 10.30am birth to moving **Booking required**	**Baby weigh in clinic** **Boston House** 9.30am – 11.30am Weekly/Appt **0300 707 1245 for Appt**	**Speech and Language Parents Group** **The Meadows** 9.00am – 11:00am **Appointment Only**	👻 **Little Monsters Baby Hub** **The Meadows** 10.00am - 11.00am 0 - 12 months **Booking required**	**Children & Young People's Social Prescribers** **The Meadows** 9.00am – 5.00pm **Weekly/Appt via GP**
Adventure Tots **Norley Hall Adventure Playground** **Pumpkin Carving** 1.00pm – 3.00pm under 5's **Booking required**	**Messy Cubs** **The Meadows** 9.30am - 11.30am under 8's **Booking required**	**Aspiring Futures Mentoring** **The Meadows** 1.00pm – 5.00pm **Drop In**	🦇 **Spooky Scavenger Hunt** **Norley Hall Adventure Playground** 1.00pm – 3.00pm under 5's **Booking required**	**Wigan Family Welfare Counselling Appts** **The Meadows** 9.00am – 4.00pm
	Adventure Tots **Norley Hall Adventure Playground** **Forest School** 10.30am - 12.30pm under 5's **Booking required**	**Baby weigh in clinic** **The Meadows** 1.00pm – 3.00pm **0300 707 1245 for Appt**		🦇**Halloween Event** **Norley Hall Adventure Playground** 3.00pm - 6.00pm **Booking required**
	Worsley Hall Alliance Youth Club 8-11 years **The Meadows** 6.00pm – 8.00pm Weekly	**Meadowgeddon Halloween Event** **The Meadows** 2.00pm – 4.00pm **Booking required**		**Locala Sexual Health** **The Meadows** 2.30pm – 4.30pm Drop in Alternate Weeks
				Worsley Hall Alliance Youth Club 11 years + **The Meadows** 6.00pm – 8.00pm Weekly



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Family Hub at The Meadows
Adult Services
October Half Term Monday 26th to Friday 30th October 2026

Wigan Borough family hubs

Monday	Tuesday	Wednesday	Thursday	Friday
With You **Drug and Alcohol Drop In** **The Meadows** 9.00am– 5.00pm	**Fern Team Midwife** **The Meadows** 9.00am – 5.00pm Weekly / Appt	**Family Refugee Support Project** **The Meadows** 9.30am – 3.10pm Weekly/ Appt	**Fern Team Midwife** **The Meadows** 9.00am – 12.00pm Weekly / Appt only	**Community Link Worker** **The Meadows** 09.00am – 1.00pm Weekly/Appt
Employability Support Session **Marsh Green Library** 11.00am – 1.00pm Drop In	**Perinatal Mental Health** **The Meadows** 9.00am – 5.00pm Weekly/Appt	**Help Hub** **The Meadows** 9.00am – 12.00pm **Booking Required**	**Work Well** **The Meadows** 9.00am – 12.00pm	**Wigan Family Welfare Counselling appts** **The Meadows** 9.00am – 5.00pm Appt Only
Community Link Worker **The Meadows** 11.00am – 1.00pm Weekly/Appt	**Housing Drop In** **The Meadows** 10.00am - 12.00pm		**Family Refugee Support Project** **The Meadows** 9.30am – 2.00pm Weekly/ Appt	**Employability Support Session** **The Meadows** 11.00am – 1.00pm Drop In
GP Assistant Health MOT Drop In The Meadows 1.00pm – 4.00pm	**Citizens Advice Bureau Drop In** **The Meadows** 12:00pm – 4.00pm		**Be Well Stop Smoking Drop In** **The Meadows** 12.00pm – 2.00pm	**Locala Sexual Health** **The Meadows** 2:30pm – 4.30pm Drop In/Alternate Weeks
			GP Assistant Health MOT Drop In **The Meadows** 1.00pm – 4.00pm	
			Bump, Baby & You (antenatal sessions) **The Meadows** 1.00pm – 2..30pm Weekly/ Bookable via Eventbrite	
			Embrace Behaviour Circles **Monthly support for Parents/Carers** **The Meadows** 6.00pm – 8.00pm Bookable via Eventbrite First Thursday of month	

Norley Hall Adventure Playground
Opening Times
Term Time:
Monday, Tuesday, Thursday and Friday
4.00pm - 7.00pm
Holidays:
Monday to Friday 10.00am - 4.00pm

Be Well · BEST START IN LIFE · family hubs

The Meadows Family Hub
Contact Us family hubs

01942 488000
meadowsfamilyhub@wigan.gov.uk
110 Ridyard St, Wigan, WN5 9RQ

Facebook

SCAN ME

- The Meadows - 110 Ridyard Street, WN5 9RQ
- Norley Playground - Lamberhead Rd, WN5 9TU
- Boston House HC, Frog Lane WN6 7LB,
- Pemberton HC - Sherwood Drive, WN5 9QX
- Marsh Green Library -Harrow Road, WN5 0QL

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If possible, could you please pre-order your child's lunch in advance via the Arbor Parent App.
Please select the Packed Lunch from home option if that is their preferred choice.
It is possible to pre-order for the coming week or more.

Thank you

Our current school lunch menu is displayed below. This is also available on the school website or alternatively, you can collect a copy from the school office.

WESTFIELD LUNCH MENU SEPTEMBER 2026

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cheese, Pepperoni and Tomato Calzone Pizza Veggie Chilli Con Carne Jacket Potato with Cheese Choice of Sandwich	Mince Beef Pie Tomato and Herb Pasta Bake Jacket Potato with Cheese Choice of Sandwich	Chicken with Vegetables Vegan Sausage Roll Jacket Potato with Cheese Choie of Sandwich	Meatballs in Tomato Sauce Sweet Potato Dhal Curry Jacket Potato with Cheese Choice of Sandwich	Crispy Fish Fingers Cheese Panini Jacket Potato with Cheese Choice of Sandwich
2	Chicken Goujons Cheese Pizza Jacket Potato with Cheese Choice of Sandwich	Meat and Potato Pie Cheese Whirl Jacket Potato with Cheese Choice of Sandwich	Baked Sausages Quorn Sausages Jacket Potato with Cheese Choice of Sandwich	Chicken Curry Mac n Cheese Jacket Potato with Cheese Choice of Sandwich	Battered Fish Fillet Quorn Sausage Burger Jacket Potato with Cheese Choice of Sandwich

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Online Safety Newsletter — October 2026

CapCut

CapCut is a video editing app. Their services are intended for those over the age of 13 (those under the age of 18 must have consent from their parent/legal guardian). It is rated as 13+ on the App store.

What can I do on CapCut?
CapCut is used as a video and image editing tool allowing users to edit their videos/ images as well as add music, sound effects, text and stickers.

What should I be aware of?
- The templates are user generated, therefore they may not always be appropriate for your child to view, for example may contain adult themes.
- CapCut includes access to a library of music that may include explicit lyrics.
- Premium content – CapCut does include in-app purchases/monthly subscriptions to allow users access to premium content.

Further information
Wayne Denner provides further information about the social side of CapCut including a comments section: https://www.waynedenner.com/capcut-parents-guide/

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: https://www.knowsleyclcs.org.uk/october-2026/

AI companions



What are AI companions?
AI companions are artificial intelligence services designed to interact with users to simulate friendship or romantic relationships. There are many different AI companions available, accessible via apps or websites. Many of these apps are intended for adults and have an age rating of 18+.

Why are children using AI companions?
There are many reasons a child might want to use an AI companion, including:
- To ask advice and questions that they may be embarrassed to ask another person. It may be easier to talk to an AI companion, so it is imperative children understand the difference between AI and real people.
- They feel lonely and are looking for friendship.
- Children may just be curious and want to try new technology.

What should I be aware of?
- **Age restrictions:** it is important to check the age rating to see if it is appropriate for your child.
- **Inappropriate content:** there is often a lack of moderation so users could be exposed to content/language that is not suitable for their age.
- **Emotional dependence:** AI companions are designed to act as a friend, encouraging an emotional dependence. This may lead to your child becoming over reliant on the service. A chatbot should never replace a parent, a medical professional or other trusted adult.
- **Relationships:** repeated use of AI may influence a child's understanding of relationships and consent in real life.
- **Privacy and personal information:** children should not share personal or confidential information with AI companions.

What can I do?
- Check the age rating and any privacy settings.
- Set up appropriate parental controls on their devices/ broadband.
- It is crucial to have regular conversations with your child about the risks outlined above and about what they are doing online. Ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

Further information
https://www.internetmatters.org/resources/ai-chatbots-and-virtual-friends-how-parents-can-keep-children-safe/

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Discord



Discord is a social networking app originally designed for gamers, but is now used by lots of different people to chat to each other online. The minimum age to access Discord is 13. The App store rates it as 17+.

Discord is made up of servers, which are spaces for groups to chat, upload files and share images etc. Anybody can set up a server, and it can be set as either public or private. Users can video call and send direct messages to other individuals or groups. Children who play online games such as Fortnite may use Discord to chat whilst playing the game (rather than using the game's own chat facility). In-app purchases are available through Discord's subscription service called Nitro.

How can I make it safer?

Discord have created a Family Centre, which provides further information about what Discord is, as well as information about different safety settings available:
https://discord.com/safety-family-center

As always, we would encourage you to chat to your child to see why they use Discord and ensure that they know how to block users and what to do if they see any inappropriate content. It is important to be aware that Discord does include video/voice calling which cannot be filtered. Discord is used by an array of users and therefore adult content can be found on Discord, as well as inappropriate language. Discord have produced this article, which answers frequent questions:
https://discord.com/safety-library

5 fun online activities



Whilst we must be aware of the negative aspects of the internet, it's also important to remember that it can also be a great place to have fun or learn something new as a family. Why not try the following?

1. Play a game together.
2. Take a family quiz – it could be around the topic of online safety (e.g. from Childnet) or you could use Kahoot to create your own.
3. Learn something new – explore BBC Bitesize, National Geographic Kids or Khan Academy.
4. Create something – make a digital drawing or video.
5. Read an Audio book.

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.10.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

Doki Doki Literature Club

Doki Doki Literature Club is a game that, due to its cartoon anime appearance, may appear to be a game suitable for all. However, as the game progresses, it contains much darker and potentially distressing themes. The game includes references to suicide, self-harm and death.

The App store rates it as 18+ as it has cartoon or fantasy violence and horror/fear themes as well as infrequent profanity and crude humour. The game is described as psychological horror. You should also be aware that the app also includes in app purchases.

The game's own website also states that it "is not suitable for children or those who are easily disturbed."

Please ensure you have set up appropriate parental controls on any devices and platforms that your child uses to ensure they can't access games that are not suitable for their age.

Happy Tree Friends

Happy Tree Friends is another animated series that might look harmless because of its cartoon graphics, but the programme contains violence, death and blood. Clips of Happy Tree Friends are also circulating on social media platforms.

As above, we would recommend that you have set up appropriate parental controls to limit exposure to content like this. Also, chat to your child about what they are watching online and ensure they know that if they do see something online that upsets them, then they should talk to you or another trusted adult.

Further information:
https://www.commonsensemedia.org/website-reviews/happy-tree-friends

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