



Westfield
Community
School

Issue 11
21st November

Newsletter

The nominees for Pupil of the Week are:

Y1W Georgie Ann
Y1F Oscar
Y2W Georgie
Y2F Miley
Y3W Lilliana
Y3F Henri
Y4W Harry
Y4F William
Y5W Fleur
Y5F Tymon
Y6W Lily
Y6F Alromissa



Attendance Figures

RW will be wearing their own clothes as reward for highest attendance!

RW	97%
RF	93%
1W	95%
1F	90%
2W	92%
2F	92%
3W	95%
3F	92%
4W	91%
4F	90%
5W	91%
5F	94%
6W	93%
6F	96%

and our winners this week are:



For health and safety reasons the gates to the school car park are locked at the start and the end of the school day. If you access the car park at other times of the day, please note that there is a strict one-way system in operation.



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Please see detailed below a list of forthcoming events for your diary:

A Musical Showcase at Westfield	Tuesday 10th December 3.20pm
Christmas Jumper Day	Wednesday 11th December
Christmas Dinner	Wednesday 11th December
Reception Festive Singalong	Wednesday 11th December 2.30pm
Reception Festive Singalong	Thursday 12th December 9.15am
Y5/6 Party	Monday 16th December
Reception Party	Tuesday 17th December
Y3/4 Party	Wednesday 18th December
Y1/2 Party	Thursday 19th December
Y3 Drumming Assembly	Thursday 19th December 9.30am
Nursery Party	Friday 20th December

* *Pupils to come to school in their party clothes on the day of their party.*

School closes

Friday 20th December at 3.20pm

Return to school

Tuesday 7th January 2025 doors open at 8.35am, please be in school promptly for the doors closing at 8.50am.



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Oscar 1F

For always trying his best, always being kind and helpful and for being a year one role model

Georgie Ann 1W

For her controlled movements in gymnastics being able to show different ways to move in a narrow pathway

Miley 2F

For always being a ray for sunshine who brightens up our classroom

Georgia 2W

For being a kind, considerate friend and always looking out for others

Henri 3F

For always being polite, kind and considerate, he always has beautiful manners and a hug to give

Lilliana 3W

For creating a wonderful piece of writing, her setting description was so good that it took the reader right into the middle of her story, she even used expanded noun phrases



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William 4F

For being a silent superstar, he puts 100% effort into every lesson and this week he has shown fantastic geographical skills by producing an amazing information poster on the uses of River Nile

Harry 4W

For always showing empathy and being kind especially to younger children on the playground and letting everyone join in to play football

Tymon 5F

For displaying patience and understanding when working with other pupils, he is a superb shoulder partner who goes out of his way to explain things in order to help others

Fleur 5W

For taking initiative in her own learning, she has shown enthusiasm for our Vikings unit by conducting further research at home and creating a book on the topic

Alromissa 6F

For always displaying excellent behaviour for learning and going above and beyond to support a classmate in lessons

Lily 6W

For some outstanding results in reading tasks this week



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Reception W had a truly wonderful time in the snow at Haigh Hall this week



NEWS

Westfield 1-0 Lamberhead Green

An outstanding team effort from Westfield. Battling to the very end to score a last minute winner and put the team into the semi final of the cup.

Player of the match - Alfie Osbaldeston

A fantastic debut for Alfie, scoring the winning goal with only 20 seconds of the game remaining.



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The children in **POD 1** made spotty biscuits for children in need, on Friday, after looking at the spots on Pudsey Bears bandage.

This week we enjoyed playing in the snow, making snow castles, and then exploring the ice after the melted snow froze over night!



Dear Parent / Carer,

We are delighted to share with you the exciting news that we have successfully secured the Tesco Stronger Starts Fruit and Veg grant for the 24/25 academic year. Tesco have partnered with the British Nutrition Foundation, Groundwork UK and National Schools Partnership to be able to offer the grant. As part of this initiative we have introduced a trolley in school for all pupils to access fruit during the school day and have also been able to offer a wide selection of fruits at our breakfast club. We are hoping to offer our pupils a wide variety of different fruits to allow them to hopefully try something new. Our School Council have also been hard at work designing posters for our new fruit trolley to encourage the pupils to help themselves to the fruit and veg we have on offer.

We hope your children are enjoying the fruit and veg so far and we will share some photographs with you over the next few weeks.



Newsletter

NHS



Self-care Information Head lice & nits

Tips on how you can self treat head lice in adults and children

"Supporting you to look after you"

Key advice:

- Avoid head to head contact, or sharing hair brushes if you or your child have head lice.
- The 'wet combing' method can be very effective at getting rid of headlice.
- Special combs can be bought online or in pharmacies.
- If the 'wet combing' method has not worked, you may need a medicated lotion or spray. These can be bought in the supermarket or at a pharmacy. Speak to your local pharmacy for advice.

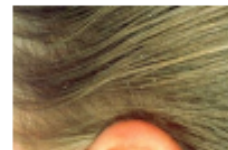
What are head lice and nits?

Head lice are small insects that live in the hair, and can be up to 3mm long. They can't jump or fly, but can walk from one head to another. They soon die when away from hair.



They can be difficult to spot, and the only way to be sure someone has head lice is to find a live louse using a special fine-toothed comb.

Nits are the empty egg cases that can be found in the hair.



Other possible signs of having head lice are:

- Having an itchy scalp.
- Having a rash on the back of your neck.
- Feeling like something is moving in your hair

How do I treat head lice?

Medicated lotions and sprays may not always be needed, and the 'wet combing' method can be very effective at getting rid of head lice.



Let your pharmacist know if you take any other medicines, or if you are pregnant or breastfeeding, as this may affect which treatments you can use safely.



Newsletter

The 'Wet Combing' Method

- Wash your hair with ordinary shampoo.
- Apply lots of conditioner to the hair (any conditioner will do).
- Comb the whole head of hair from the roots to the ends using a special fine-toothed comb (detection comb). These can be bought online or from a pharmacy.
- It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long or curly hair.
- Use this method on days 1,5,9 and 13, so you can catch any newly hatched lice.
- Check everyone's hair again on day 17 to make sure they are free of lice.



If you do need medicated treatment, this can be bought from a supermarket or pharmacy. Some medicated treatments may need repeating after a week to kill any newly hatched lice.

Head Lice Facts and Myths

True

- ✓ Head lice can infect both clean and dirty hair.
- ✓ Head lice can infect both long and short hair.
- ✓ Head lice walk from head to head.
- ✓ Head lice only cause itching if you are allergic to the bites or poo.
- ✓ Head lice can be treated without using chemicals.

False

- ✗ Head lice can jump from one head to another.
- ✗ You will always have an itchy head or scalp.
- ✗ Head lice prefer clean hair.
- ✗ Head lice prefer long hair.
- ✗ You need to keep children off school.

Here are some useful links to further information

NHS Website	https://www.nhs.uk/conditions/head-lice-and-nits/
Patient Websites	https://patient.info/childrens-health/head-lice-and-nits https://patient.info/childrens-health/head-lice-and-nits/treating-and-preventing-head-lice-and-nits
Or visit your local pharmacy for advice	





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SPACES TO GROW CIC SESSION TIMETABLE

Monday	Tuesday	Wednesday
10:30-12:00 Craft 'n' Play	10:00-12:00 Home Education (£4)	10:30-12:00 Adult's Nature Craft Session
1:00-3:00 Help Around the Garden	1:00-3:00 Help Around the Garden	1:00-3:00 Help Around the Garden
3:15-4:00 After School Play 'n' Craft	3:15-4:00 After School Play 'n' Craft	3:15-4:00 After School Play 'n' Craft

Thursday	Friday
10:30-12:00 Permaculture for Beginners Design With Nature	10:30-12:00 Nature's Healing for Beginners Useful Plants and Herbs
1:00-3:00 Help Around the Garden	1:00-3:00 Help Around the Garden
3:15-4:00 After School Play 'n' Craft	3:15-4:00 After School Play 'n' Craft

- Starting Monday 16th Sept 2024
- ALL SESSIONS FREE (except Home Ed)
- Wheelchair/Pran accessible
- Refreshments at all sessions
- Children welcome at all sessions
- MUST BE SUPERVISED AT ALL TIMES
- Toilets and shop on site
- Cafe on site Tues-Fri, 10 till 2

FIND US AT:
FUR CLEMT - 84 MONTROSE AVE, WIGAN WNS 9XN

Polite Notice

Can we please remind you that it is illegal to park on the pavement or grassed areas at the entrance or exit to the school and doing this is putting our parents and children at danger.



Newsletter

Keeping your children happy, healthy and well this winter.

Children are especially vulnerable to catching and spreading the flu, which can sometimes lead to serious complications like pneumonia.

The free flu vaccine is the safest and most effective way to protect your child. By vaccinating your child you're also helping to protect other family members, particularly those at higher risk of severe illness, such as younger babies and grandparents. Flu can change each year so it's important that even if your child was vaccinated last year, that they are vaccinated again this year.

School aged children (from Reception to Year 11) are given the flu vaccine as a quick and painless nasal spray at school. You will receive information from IntraHealth about when your child will be vaccinated and a consent form to sign.

The nasal flu vaccine contains a form of gelatine (porcine gelatine). If you prefer a vaccine without gelatine, an injectable option is available. Make sure you tick this option on your consent form. This injection may also be more suitable for children with allergies or other medical conditions. If your child misses their vaccination at school, you can call IntraHealth on 0333 3583 397 to arrange an appointment.

Children who are home-schooled should be offered a flu vaccine at a community clinic. Children who are 4 years old but have not started school can get the flu vaccine at their GP practice.

COVID-19

Children and young people with certain long-term health conditions, or who are immunosuppressed, may also need a COVID-19 vaccination. They are at higher risk of serious illness and hospital admission if they catch COVID-19. Vaccination reduces this risk. COVID-19 vaccinations are not given at schools. If you think your child is eligible for the vaccination, please call the Care Gateway on **0161 947 0770** or **0800 092 4020**.

Vaccines are important all year round

Vaccines are the most effective way to prevent many infectious diseases. The timeline overleaf shows the vaccines your child should have once they are at school and when.

Are you up-to date?

Check their Red Book or contact your GP practice if you're not sure. It's important that vaccines are given on time but it's never too late to catch up on missed doses.

All school aged children should have already received 2 doses of MMR – if they haven't please contact your GP or school immunisation team.

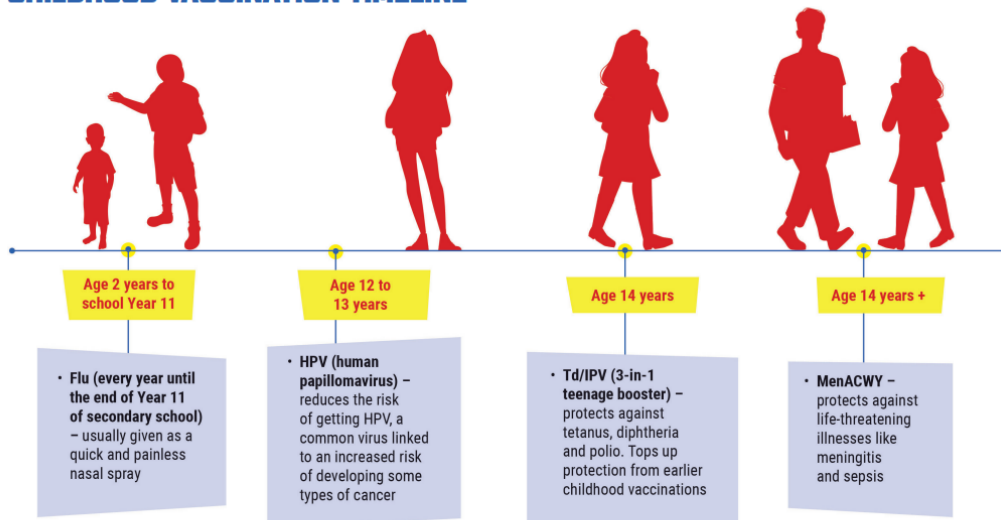
For more information on childhood vaccinations, go to: www.nhs.uk/vaccinations/nhs-vaccinations-and-when-to-have-them

GET WINTER STRONG



Keeping your children happy, healthy and well this winter.

CHILDHOOD VACCINATION TIMELINE



For more information on winter vaccines:

SCAN
HERE



Search: NHS GM winter vax
Visit: www.gmintegratedcare.org.uk/winter-vaccinations



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COMMUNITY
TRUST



**CALLING
ALL STREET DANCERS!**



Westfield Community School WN5 9XN
FREE DANCE SESSIONS STARTING
THURSDAY 26TH SEPTEMBER 2024



5.15pm-6.15pm ages 8-11 (year 3- year 6)

6.15pm-7.15pm ages 11-16 (year 7-year 11)

Use the QR code to register a place on the
first session or email
r.wood@wiganathletic.com for further
information





Newsletter



PREMIER LEAGUE KICKS

WIGAN ATHLETIC | 2024/25 TIMETABLE
FREE SESSIONS FOR 8 - 18 YEAR OLDS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EVERMOOR HUB WN8 9HR MIXED FOOTBALL: 6:00 - 8:00pm (8 - 14 years old)	WIGAN YOUTH ZONE WN1 1RU GIRLS' FOOTBALL: 6:00 - 7:45pm (8 - 11 years old)	LAITHWAITE PARK WN5 OUE GIRLS' FOOTBALL: 5:30 - 6:30pm (12 - 18 years old)	TANHOUSE COMMUNITY CENTRE WN8 6AN JUNIOR FOOTBALL: 6:00 - 7:00pm (8 - 11 years old)	STADIUM WAY WN5 OUN SENIOR FOOTBALL: 6:00 - 8:00pm (11 - 16 years old)
LEIGH YOUTH HUB WN7 4JY JUNIOR FOOTBALL: 5:00 - 6:00PM (8 - 11 years old)	JUNIOR FOOTBALL: 6:15 - 7:15pm (8 - 11 years old)	JUNIOR FOOTBALL: 5:30 - 6:30pm (8 - 11 years old)	SENIOR FOOTBALL: 7:00 - 8:00pm (12 - 16 years old)	WESTLEIGH HIGH SCHOOL WN7 5NL SENIOR FOOTBALL: 6:00 - 7:00pm (11 - 16 years old)
HOWE BRIDGE LEISURE CENTRE M46 OPJ SENIOR FOOTBALL: 5:00 - 7:00PM (11 - 16 years old)	WILLIAM FOSTERS WN2 2BU JUNIOR FOOTBALL: 5:30 - 6:30pm (8 - 11 years old)	INCLUSIVE FOOTBALL: 5:30 - 6:30pm (11 - 17 years old)	WESTFIELD PRIMARY SCHOOL WN5 9XN JUNIOR DANCE: 5:15 - 6:15pm (8 - 11 years old)	WEST LANC YOUTH ZONE FOOTBALL AND MULTISPORTS: 6:00 - 8:00pm (11 - 16 years old)
	JUNIOR FOOTBALL: 5:30 - 6:30pm (8 - 11 years old)	SENIOR FOOTBALL: 5:30 - 6:30pm (12 - 18 years old)	SENIOR DANCE: 6:15 - 7:15pm (12 - 16 years old)	
	SENIOR FOOTBALL: 6:30 - 7:30pm (12 - 16 years old)	WIGAN YOUTH ZONE WN1 1RU SENIOR FOOTBALL: 6:00 - 8:00pm (12 - 18 years old)		



Please remind your child not to ride their bikes on the playground.

Thank you



Newsletter



Why breakfast matters

A breakfast factsheet for parents/carers of primary school aged children



A healthy breakfast for my child

Mornings can be a stressful time as a parent or carer, and it's not always easy to get children to eat breakfast. So, why does your child need a healthy breakfast?

Why is a healthy breakfast important?

Healthy breakfasts provide important nutrients for children's health and development. If children skip breakfast regularly this can make it harder for them to get all the nutrients they need.

Studies suggest that having breakfast can benefit children's health, body weight and learning.

What do healthy breakfasts provide?

Healthy breakfasts can provide important nutrients for children including:

- ✓ **Carbohydrate** for energy to support growth, activity and learning.
- ✓ **Protein** for healthy muscles and for bone development
- ✓ **Fibre** for gut health
- ✓ **Calcium** for healthy bones
- ✓ **Iron** for brain development

Ideas for healthy breakfasts

A healthy breakfast doesn't have to be complicated or take a long time to prepare. It's a good idea to include starchy foods like wholegrain breads or breakfast cereals, some fruit or vegetables, some dairy or protein foods and a drink – water and milk are best.

If time is tight to have breakfast at home, then breakfast clubs at school are a good option – talk to your school for more information.

Find out more

If you'd like to find out more about healthy breakfasts, take a look at the **Good Breakfast Guide** on our website: <https://bit.ly/NSchoolBreakfastWeek>

Breakfast ideas to try at home:

- ✓ Wholemeal bagel with reduced fat soft cheese and sliced fruit
- ✓ Wholegrain cereal with sliced banana, raisins and milk
- ✓ Wholemeal toast with baked beans and sliced pepper
- ✓ Wholemeal roll with sliced boiled egg, cherry tomatoes and orange segments
- ✓ Porridge or overnight oats with frozen berries or dried fruit



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**AUTUMN
TERM
2024**

**WIGAN
LIBRARIES
NEWS**



OUR FIFTEEN LIBRARIES
FIND OUT MORE AT

WWW.WIGAN.GOV.UK/RESIDENT/LIBRARIES

Welcome to the **Autumn Term 2024** edition of the **Wigan Libraries schools newsletter**.

Featured in this edition are:
National Green Libraries Week
Digitober
October Half Term
Christmas Book Fair
Saturday Family Fun



DID YOU KNOW?

You can join our libraries
for **FREE!**

Giving you access to all 15 libraries
in the Wigan borough, including
book loans, use of
public computers,
public Wi-fi access,
use of the **Borrowbox** app
and so much more!!



Wigan Library	wigan.library@wigan.gov.uk	01942 827621
Leigh Library	leigh.library@wigan.gov.uk	01942 404404
Ashton Library	ashton.library@wigan.gov.uk	01942 727119
Aspull Library	aspull.library@wigan.gov.uk	01942 831303
Atherton Library	atherton.library@wigan.gov.uk	01942 404817
Golborne Library	golborne.library@wigan.gov.uk	01942 777800
Hindley Library & Community Centre	hindley.library@wigan.gov.uk	01942 255287
Ince Library	ince.library@wigan.gov.uk	01942 486868
Lamberhead Green Library	lamberhead.library@wigan.gov.uk	01942 705060
Marsh Green Library	marshgreen.library@wigan.gov.uk	01942 760041
Platt Bridge Library	plattbridge.library@wigan.gov.uk	01942 487997
Shevington Library	shevington.library@wigan.gov.uk	01257 252618
Standish Library	standish.library@wigan.gov.uk	01257 400496
The Grange Library	thegrange.library@wigan.gov.uk	01942 831303
Tyldesley Library	tyldesley.library@wigan.gov.uk	01942 488497



Class Visits



Arranging to bring your class to the library is very easy - simply ring/email the library you would like to visit and they will book you in for a **FREE library induction visit**. You can find the **library locations and contact details** at <https://www.wigan.gov.uk/Resident/Libraries/Find-a-library.aspx>



National Green Libraries Week
7th-13th
October

Family Nature Walk and Lego Challenge!

12th October
11.00am-1.00pm
Ashton library



FREE - booking essential
via Eventbrite



Join **Bev from Be Well** for a **nature walk** around Jubilee Park, then get creative at the library **Lego Club** building autumn scenes. **Suitable for all ages.**

DID YOU KNOW?

You can set up a **class membership card** on which every child can take out a book for **3 months** - these can be kept in school and returned on your next visit - *this gives every child the experience of choosing a book.*



Please encourage people in your **school community** to follow us on **social media** to find out about the activities and opportunities within our libraries.



Wigan Libraries



wigan_libraries



@WiganLibraries **eventbrite** Wigan Libraries

Out of This World!

12th October
10.30am-12.00pm
Wigan library

FREE - booking essential
via Eventbrite



Aged 7+ years? An interest in science?
Enjoy getting creative with words?

If you tick these boxes, this session could be for you!
Join **Wendy from Daresbury Laboratory** and **Dan Worsley**, children's author and storyteller as they collaborate to create an extraterrestrial event that mixes science fact and science fiction!





Newsletter

October Half Term Fun!

Zoo On A Broom!

22nd October
1.30-2.30pm
Leigh library

£4.50
including Eventbrite booking fee

ZOO LAB

Digitober Tech Time On Tour!

TECH TIME ON TOUR

- Advice and support
- Basic digital support
- Retro Gaming
- VR (Virtual Reality)
- Explore fun technologies

FREE

Join ZooLab for a fun rhyming book adventure and to meet all the **REAL LIFE** creatures
Zog the witch will try to fit on her broom!

FREE

Planetarium Adventure!

23rd October
various times
Wigan library
- booking essential via Eventbrite

Enter the Planetarium from Daresbury Laboratory to experience our night sky as never before!
Please see Eventbrite for session times and to book.

22nd October 10.00am-12.00pm
Golborne library

25th October 1.30-3.30pm
Shevington library

26th October 10.30am-1.30pm
Leigh library

FREE drop in events

Celebrate "Digitober" with our council Digital Inclusion Team at 3 FREE family fun events - you can explore everything digital from retro gaming to the latest VR technology!
To find out more please visit <https://www.wigan.gov.uk/Council/Digital-Wigan/Tech-Time.aspx>

Christmas Book Fair

FREE

Wigan library
Saturday 16th
November
10am-1pm

Meet more than 40 local authors, both children's and adults, with the chance to buy signed copies as special gifts for loved ones (or yourself!)

PLUS meet Father Christmas, enjoy Science fun with Daresbury Lab, Circus fun with Adrian and **FREE** face painting /crafts/refreshments!

Chess Club

Saturday family fun!

FREE

Lego Club **Crafts**

And More!!

Lots of FREE family fun across our libraries **EVERY Saturday!**
find out more by visiting www.wigan.gov.uk/Resident/Libraries